Rey Adrian N. Vicoy July 27, 2010  
Research 1   
  
  
  
**Topic: Omega-3 Fatty Acid As A Virus Growth Inhibitor**  
  
**Main Problem**: Can Omega-3 Fatty Acid be a supplement to stop the growth of certain viruses?  
  
**Sub-Problems**:

a. Does Omega-3 Fatty Acid have antiviral effects as mentioned?

b. On what certain species of viruses does Omega-3 Fatty acid have an effect on?

c. On what form of Omega-3 Fatty Acid would it’s virus growth inhibiting factor take effect on?

**Hypothesis:**  
 For(Main Problem) : Omega-3 Fatty Acid can be utilized as a virus growth inhibitor.  
  
 For (Sub-Problems) :  
 a. Hypothesis Free  
 b.  Omega-3 Fatty Acid have an effect on viruses that cause influenza, common cold and flu,  
 c. Omega-3 Fatty Acid on it’s palatable form (on tuna) might be enough to have an inhibiting effect on different viruses.